



REGISTERED FAMILY CHILD CARE HOME HEALTH AND SAFETY CHECKLIST

This form is to be completed annually by the operator of the Family Child Care Home and must be signed and dated. The original, completed form must be given to each family with a child in care. The tear off section on page 4, with the parent or legal guardian's signature, must be removed and maintained by the operator.

Please check all that apply:

MANDATORY REQUIREMENTS:

- I am 18 years or older and a resident of the home.
- I do not work outside of the home during child care operating hours.
- I have completed the 30 hour Family Child Care Home training.
- I have completed the 5 hour training in Early Literacy and Language Development of children from birth to 5 years of age.
- I annually complete 10 hours of in-service training to further my child care and/or administrative skills.
- I maintain current immunization records for all children in my care.
- I ensure that competent adult supervision is provided at all times (including nap time) for all children in my care.
- All household members in my home have been appropriately screened.

SUPERVISION: *The number and ages of children (including my own) being cared for are as follows:*

- 0-12 months: # _____
- 12-24 months: # _____
- 24-36 months: # _____
- 36-48 months: # _____
- 48-60 months: # _____
- Over age 5: # _____

TRANSPORTATION:

- I **never** transport children in my care. *(skip to next section)*
- I transport children for the following reasons/activities:

 I ensure that proper child safety restraints are in place when transporting children.
- I have procedures to ensure that no child is ever left unattended in a vehicle. *Describe:*

EMERGENCY INFORMATION AND PROCEDURES:

- I post emergency numbers in a convenient location (i.e., poison control, hospital, fire, etc.). *State location:* _____
- I have a working landline telephone that is accessible at all times. *Telephone No.:* _____
- I possess current certification in CPR. *(Date of last training: _____)*
- I possess current certification in First Aid. *(Date of last training: _____)*
- I have emergency evacuation plans and conduct monthly fire drills. *Describe:*

- I maintain emergency contact information for all children in my care.





ENVIRONMENT AND SANITATION:

- My home is a smoke free environment pursuant to s. 386.204, F.S.
- I have no firearms on the premises.
- I have firearms on the premises, however, they are locked and stored in a location that is inaccessible to children pursuant to s. 790.174, F.S.
- I have a fire extinguisher and working smoke detectors in my home.
- I have a fenced outdoor play space.
- I ensure that all playground equipment is securely anchored.
- I have barriers or alarm devices for all water hazards including pools, hot tubs, ponds, etc.
- I provide age-appropriate toys for children in my care.
- I provide only toys and equipment that are free from rust and in good repair.
- I ensure that all food preparation surfaces are properly cleaned with appropriate disinfectants.
- I properly wash my hands before and after diaper changing, and before food preparation.
- I properly dispose of diapers in securely closed containers that are inaccessible to children.

HAZARDOUS MATERIALS:

- I store hazardous materials safely and in a secure area that is inaccessible to children (*i.e., medicines, paint, household cleaning supplies, gardening chemicals, etc.*).

CHILD DISCIPLINE:

- I do not use any form of discipline that is severe, humiliating, frightening, or associated with food, rest, or toileting – including spanking or any type of physical punishment.

ANIMALS:

- I do not have animals on the premises. (*skip to next section*)
- I have the following animals on the premises (include number of each):

- I ensure that all animals on the premises have required and current immunizations.

I attest that the above information is true and correct.

Provider Name (Print)

Date

Provider Signature



ADDITIONAL QUALITY INDICATORS

The following is suggested supplemental information to the Health and Safety Checklist provided to parents to assist them in identifying quality health and safety practices in Registered Family Child Care Homes.

Please be sure to talk to your provider about these quality indicators.

SUPERVISION:

- Operator should watch and direct children's activities (both indoors and outdoors).
- Operator should be capable of responding to the emergencies and needs of children at *all* times.
- Children placed in an isolation area due to illness should be within sight and hearing of the operator and closely monitored.

TRANSPORTATION:

- Operator should carry a working cell phone when away from the landline.
- Operator should have a first aid kit and emergency contact phone numbers readily accessible when away from the home.

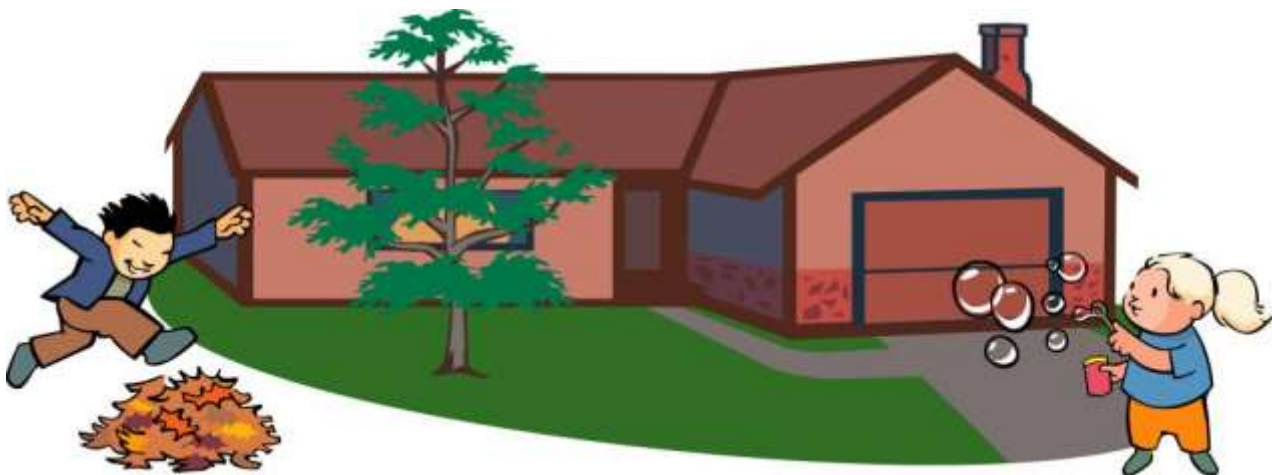
EMERGENCY INFORMATION AND PROCEDURES:

- Operator should have a first aid kit.
- Operator should have multiple entrances and exits that are easily accessible in case of an emergency.
- Operator should maintain important medical and allergy (food or other) information for each child.

ENVIRONMENT:

- Operator should keep all areas and surfaces of the home that are accessible to children, clean and sanitary, free of hazards and toxic substances, in an orderly condition, and in good repair at all times (both indoors and outdoors, including the furnishings, equipment, and plumbing).
- Operator should maintain proper ventilation and temperature in the home at all times for the safety and comfort of the children.
- Operator should have fencing that is a minimum of 4 feet high for the outdoor play area when the property borders roads or streets that are open to travel by the public.
- Operator should ensure that rodents and insects are exterminated, however, not when rooms are occupied by children.
- Operator should keep the outdoor play area free of debris and check regularly for ants and other harmful insects.

(continued on next page)





POOLS AND OTHER WATER HAZARDS:

- Operator should ensure that in-ground swimming pools and above-ground swimming pools that are more than one foot deep have either a fence or barrier that is a minimum of 4 feet in height on all four sides, or an operable pool alarm.
- Operator should ensure that all doors or gates surrounding the pool fence or barrier, as well as, exterior doors leading to the pool, are locked during times children are in care.
- Water safety courses are recommended for persons responsible for the supervision of children during pool activities.
- Operator should ensure that at least one person who is a certified lifeguard or equivalent be present during water activities away from the home, such as field trips to the beach or lake.

SANITATION:

- Operators, substitutes, and children should wash their hands with soap and running water, drying thoroughly, immediately following personal hygiene procedures for themselves, or when assisting others (including diapering) and after outdoor play.
- Operator or substitute should NEVER wash their hands in a sink that is used for food service preparation or food clean up, after changing a diaper or helping a child go to the bathroom.

REST AND NAP TIME:

- Operator should provide children with safe and sanitary bedding to include individual beds, cots, cribs, playpens, mattresses or floor mats. Floor mats should be 1 inch thick and covered with an impermeable surface.
- Operators should provide children under 1 year of age with their own crib, port-a-crib or playpen with sides.
- Operators should ensure that young infants not capable of rolling over on their own, are positioned on their back on a firm surface to reduce the risk of Sudden Infant Death Syndrome (SIDS).

NUTRITION:

- Operator should have fresh drinking water available to children at all times.
- Operator, if choosing to supply food, should provide meals and snacks that are of a quantity and quality that meets the daily nutritional needs of the children as shown in the USDA Food Guide Pyramid for Young Children.

Additional information regarding child care, registration and licensure of family child care homes, as well as, training opportunities may be found at the following:

<http://www.myflorida.com/childcare/information>



----- Tear Off (or cut) Here -----
This tear off section is to be maintained by the operator of the Family Child Care Home. Copies should be made available upon request of the licensing authority.

On _____, I _____ received a completed copy of the
Name of Parent or Legal Guardian (print)

Health and Safety Checklist for Registered Family Child Care Homes from my provider.

Signature of Parent or Legal Guardian

Name of Child